



# HOW TO CHOOSE THE RIGHT ADULT FAMILY HOME FOR YOUR LOVED ONE



by Everyday Grace Adult Family Home



# Welcome Letter

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At Everyday Grace Adult Family Home, we know choosing the right home for your loved one is one of the most emotional and important decisions you'll ever make. You want to feel confident that they'll be safe, comfortable, and treated with dignity and compassion.

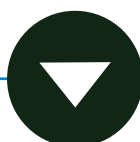
That's why we created this Family Placement Guide — to help you navigate the process with peace of mind and practical tools. Our hope is that it brings you clarity, confidence, and comfort as you make the best decision for your family.

With care,

**Kristina Nation**

Owner & Provider,

Everyday Grace Adult Family Home Federal Way &  
Des Moines, WA





## STEP 01

**Understand Your Loved One's Needs** Before touring homes, take a few moments to reflect on your loved one's: Physical needs (mobility, medication, assistance level) Cognitive needs (memory care, supervision, safety) Emotional needs (companionship, community, spiritual care) Preferences (diet, daily routine, privacy, hobbies) Tip: Write these out before visiting homes — it helps you quickly see which environment best fits their unique personality.

## STEP 02

**Know Your Care Options Type** of Care Residents Environment Level of Care Adult Family Home (AFH) 6 or fewer Homelike Personalized, 24-hour care Assisted Living Nursing Home 20+ 50+ Apartment-style Semi-independent Clinical Skilled medical care Everyday Grace offers the comfort of home with the safety and support your loved one deserves.

## STEP 03

### 10 Essential Questions to Ask When Touring Homes

1. How many residents live here?
2. What is the caregiver-to-resident ratio?
3. Are caregivers certified and trained in dementia or medication management?
4. How do you handle medical emergencies?
5. What is included in the monthly rate?
6. How are meals, laundry, and housekeeping handled?
7. How do you create a sense of family and belonging?
8. Are visiting hours flexible for families?
9. What activities or social opportunities do residents enjoy?
10. What makes your home unique? Bring this checklist with you when touring — it helps you compare homes side by side.



**STEP  
04**

**Watch for Red Flags Staff** seem rushed or unengaged Residents appear isolated or unclean Strong odors or cluttered environment Poor communication or unanswered questions Inconsistent pricing or hidden fees Trust your instincts — if something feels off, it probably is.

**STEP  
05**

**Compare and Decide Home Name** First Impression Cleanliness Caregiver Warmth Activities Price Notes Everyday Grace

**STEP  
06**

**Plan the Transition Smoothly Moving** a loved one is emotional — for everyone. Here are a few ways to make it easier: Visit together before move-in day Bring favorite belongings and family photos Create a “Welcome Book” with names, memories, and family messages Stay connected through regular visits and calls “Change is never easy, but it can be beautiful when love leads the way.”



**About Everyday Grace Adult Family Home \$\$\$  
Felt like home immediately!**

**At Everyday Grace**, we provide high-quality, compassionate care in a warm home environment. Our mission is simple: to care for your loved one as we would our own family. Located in Federal Way & Des Moines, WA Licensed caregivers providing 24-hour personalized care Home-cooked meals, daily activities, and faith-friendly atmosphere Private and semi-private rooms available Families welcome anytime



**Ready for the Next Step?**

Download your full placement checklist

Schedule a private tour

Ask about availability today!

**Call:** Kristina 253-421-3158

**Email:** [everydaygraceafh@gmail.com](mailto:everydaygraceafh@gmail.com)

**Website:** [www.EverydayGraceAFH.com](http://www.EverydayGraceAFH.com)